

## **About the Larimer Advance Care Planning Team**

Our vision is that advance care planning becomes a natural and expected part of care in our community. We want adults to feel comfortable discussing their end-of-life wishes, understand their medical care options and express their values with their loved ones and medical providers, ensuring that medical directives are available when they are needed.

The community has some efforts underway to address this vision and we hope to better bridge gaps in service, provide education, and guide community members in fully completing their medical directives. We are dedicated to working with medical providers and care facilities to educate and assist patients in completing advance care plans.

Our program exists with great thanks to grant funding from The Health District of Northern Larimer County, The NextFifty Initiative, and additional resources from the following partners; UCHealth's Aspen Club, UCHealth Medical Group, Palliative Care Team at UCHealth, Larimer County Office on Aging and Sharing the Care Campaign to enhance advance care planning in our community. Because of the grant funding and these partnerships, our program is able to function and we can offer our services to Larimer County at no cost.

### **What does the Larimer Advance Care Planning Team do?**

The Larimer Advance Care Planning Team guides adults in deciding their wishes for end-of-life care and in documenting those wishes through advance care directives. We want to make advance care planning a natural and expected part of the continuum of health care for all adults in Larimer County

It's time to start talking about dying, time to share the way we want to live at the end of our lives, and it's time to communicate about the kind of care we want and don't want for ourselves. Together, we can make these difficult conversations easier. We can work toward making our own wishes and those of our loved ones expressed and respected. The Larimer Advance Care Planning Team is ready and able to help no matter where one is in the advance care planning process. All Larimer Advance Care Planning Team services are provided at no cost.

### **In Summary, the Larimer Advance Care Planning Team:**

- ❖ Guides individuals through the advance care planning process
- ❖ Helps groups and individuals complete Advance Directive documents
- ❖ Ensures advance directives are shared with appropriate medical providers and loved ones
- ❖ Promotes advance care planning through community presentations
- ❖ Serves as a resource for organizations to refer individuals to for more help in advance care planning
- ❖ Coordinates other existing advance care planning efforts