

HOW CAN WE WORK TOGETHER?

LARIMER ADVANCE CARE PLANNING TEAM SERVICES



WHO ARE WE?

Our vision is that advance care planning becomes a natural and expected part of care in our community. We want adults to have a say and a plan for future medical treatment. The ACP team guides adults in deciding their wishes and documenting those wishes through advance care directives

WHAT SERVICES ARE AVAILABLE?

ADVANCE CARE PLANNING PRESENTATIONS

The Conversation Project: A PowerPoint based presentation designed to help individuals understand, identify, and communicate values and preferences for end-of-life care.

Includes:

- Sharing stories in small groups
- Interactive videos
- Time length: Between 45 minutes - 90 minutes



Advance Directive Workshop: A PowerPoint based presentation helping individuals understand and ask questions about advance directive documents including; Medical Durable Power of Attorney, Living Will, CPR Directives, and Medical Orders for Scope of Treatment (MOST)

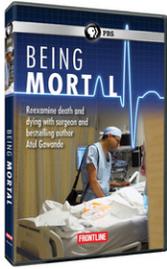
Includes:

- Medical decision aides
- Completing documents with a guide
- Time length: Between 45 - 90 minutes

Hybrid: A combined presentation with The Conversation Project and the Advance Directive Workshop. This can vary in length between 30 - 90 minutes

Advance Care Planning Brief Overview: A 15 - 30 minute quick overview designed to provide key information for understanding how to put your plan in writing

FILM-BASED ACP EVENTS



Being Mortal: A 90 minute program centered on the 60-minute Frontline video of Dr. Atwal Gawande, bestselling author of the book, Being Mortal. Viewing is followed by a facilitated discussion around palliative care and end-of-life from a physician perspective.

[click to visit website](#)

Facing Your Fears: Straight talk about the dying process: Created by Pathways Hospice Program, this film explores the natural changes that may accompany dying. It describes how to best promote comfort, enhance communication, and minimize fear. Viewing is followed with facilitated discussion with a palliative care medical professional



Leaving Your Legacy or What's on your Bucket List?: This 60-90 minute program consists of a variety of videos and relevant TED talks around leaving a legacy and choices that we make about how we live our lives. Great for discussions and sharing. Facilitated by the ACP team.

[click to see example](#)

THE BOOK CLUB FOR MORTALS

A new 2018 offering currently being presented at the Old Town Poudre Library from October of 2018- February of 2019. The monthly book club is a 90-minute combination of discussion, videos, and story-sharing. The following books are being featured:

- Driving Miss Norma
- When Breath becomes Air
- The Joy of Less
- The Last Lecture
- The End of Life Book Club

Month	Book Title	Author
OCTOBER 10	Driving Miss Norma	Baerensmidt/Liddle
NOVEMBER 14	When Breath Becomes Air	Paul Kalanithi
DECEMBER 12	The Joy of Less	Francine Jay
JANUARY 9	The Last Lecture	Randy Pausch
FEBRUARY 13	The End of Your Life Book Club	Will Schwalbe

EMPLOYEE CENTERED CAMPAIGNS

We have now done employee campaigns with 8 different employers, each of which took on a slightly different form of the Get A Round T.U.I.T! model. The T.U.I.T. acronym stands for Think, Understand, Implement and Tell others. Each letter pairs with weekly activities and educational material available on the Larimer ACP website to help employees get their advance directives done. What we have seen works well is to offer a presentation or robust communication from a respected figure within the business, do two-three weeks of education through our website and in person, then offer an on-site signing opportunity where notaries and witnesses are made available.



[click to visit website](#)

Web-Based Campaigns: Includes 3 weeks of self-guided education through our website followed by multiple on-site signing days where we provide witnesses and notaries to complete documents with clients. Participants have the opportunity to earn "wellness points" with wellness programs offered by employers.

Presentation(s) and Signing Day(s) Exclusively: This service is the most condensed version of the campaign. In this instance, we provide a robust presentation (or in some cases two), offer the Get T.U.I.T! section of the website for further educational materials, then follow up with signing opportunities. 30-45 minutes of paid time to complete documents has been the only type of "incentive" offered for this type of campaign so far.

In-Person & Printed Materials: This campaign is meant for groups who do not use technology as consistently or with multiple staff locations. Programs usually include "Lunch & Learn" style presentations with printed materials for education

PLEASE LET US KNOW HOW WE CAN DESIGN A PRESENTATION SPECIFIC TO YOUR NEEDS!

Health District
ADVANCE CARE PLANNING TEAM

www.larimeradvancecare.org
970.482.1909
425 West Mulberry Suite 101